



As a PhD student in the School of Arts at Worcester you will be part of the Arts and Health Research Group, a transdisciplinary community of artists, educators and health professionals exploring the overlaps of art, culture and wellbeing. The Arts and Health group organizes symposia, research events and exhibitions which you can participate in and contribute to.

There will also be opportunities to exhibit your work in the Window Galleries at the Art House, with Pitt Studio, a contemporary art organization based at the Art House and at other venues in the city. The School of Arts also works closely with Meadow Arts, a local visual arts organization that creates projects in unusual and unexpected locations and with whom we organize an annual artist talks programme.

[1] Almost a quarter of adults with mild-moderate mental health issues have to wait more than 3 months between initial assessment and second appointment with around half reporting that this has led to a deterioration in their mental wellbeing. For young people it can be significantly longer.

[2] For example Moula, Z.; Powell, J.; Karkou, V. Qualitative and Arts-Based Evidence from Children Participating in a Pilot Randomised Controlled Study of School-Based Arts Therapies. *Children* 2022, 9, 890.

### **Application Process**

To begin the application

## Research at the University of Worcester

Research is central to the University's mission to make a difference in everything that we do. We are committed to delivering excellent research which extends the

SHS

100

100

100

100

100

100

100

100

100

100

100

100

100

100

100

100

100

100

100

100

## Research Group

### Arts and Health Research Group

The Arts and Health Research Group is a collaborative, cross-disciplinary initiative combining expertise from the Arts, Allied Health and Community, Education, Humanities, and Medicine which will develop a range of projects investigating the therapeutic potential of the arts and humanities within traditional health and wellbeing contexts and wider social settings.

Areas of focus will include the therapeutic use of arts, culture and humanities for health, mental health and wellbeing in the community; consider how the arts and humanities are applied to enable better understanding about health, wellness and illness; training of medical, therapeutic and arts practitioners in the application of arts-based approaches to mental health and wellbeing services; arts led approaches towards innovative social health solutions and innovations in data collection for quality of life and health outcomes through participation in arts-based activities.

### Widening Participation

As part of its mission statement the University is committed to widening participation for its higher degrees. Although most candidates will have an undergraduate and/or a Masters degree, the University is happy to accept applications from candidates with